Spring/Summer Menu Week 1

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Cereal and Milk  Wheat,Milk | Crumpet and Spread  Wheat,Milk,Soya | Cereal and Milk  Wheat,Milk | Croissants and Fruit  Milk,Wheat,Egg | Cereal and Milk  Wheat,Milk |
| Morning Snack | Oat cake and  Cream cheese  Wheat,Milk | Fruit | Vegetable Sticks | Crackers and  Cheese Stick  Wheat,Milk | Fruit |
| Afternoon Snack | Vegetable Sticks | Crispbreads with  Cream Cheese  Wheat,Milk | Breadstick and  Cream Cheese  Wheat,Milk,Soya,Sesame | Fruit | Vegetable Sticks |

Lunchtime (served with water)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Starter | Corn on the Cob  (Melon for under 2) |  |  | Tortilla Nacho with Garlic Dip  Gluten,Egg |  |
| Main | Chicken Chow Mein  Egg,Gluten,Soya | Lentil and Veg Shepherdless Pie with Broccoli  Gluten,Celery,Soya | Turkey Meatballs with Tomato Sauce and Pasta  Gluten,Egg | Sausage and Bean Pot  Gluten,Celery,Sulphite | Salmon and Peas Risotto  Fish,Gluten |
| Pudding |  | Carrot Cake  Gluten,Egg,Milk | Milk Jelly  Milk |  | Raspberry Syllabub  Milk |
|  |  |  |  |  |  |

Teatime (served with water)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Starter |  | Cheese and Tomato  Milk |  |  | Mixed Melon |
| Main | Roasted Root Vegetables with Garlic Dip  Egg | Fish Cake and Mushy Peas  Gluten,Fish,Mustard | Cauliflower Cheese  Milk,Gluten | Baked Beans with Bread and Butter  Gluten,Soya | Egg Sandwiches  Cheese Sandwiches  with cucumber  Egg,Milk,Soya |
| Pudding | Banana Smoothie  Milk |  | Yoghurt  Milk | Oat and Raisin Cookies  Gluten,Egg |  |

Spring/Summer Menu Week 2

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Croissants and Fruit  Milk,Wheat,Egg | Cereal and Milk  Wheat,Milk | Crumpet and Spread  Wheat,Milk,Soya | Cereal and Milk  Wheat,Milk | 50/50 Toast with Spread and Fruit  Wheat,Soya |
| Morning Snack | Teacake  Wheat,Soya,Egg | Vegetable Sticks | Fruit | Crispbread and  Cream Cheese  Wheat,Milk | Vegetable Sticks |
| Afternoon Snack | Fruit | Fruit | Digestive Biscuit  Wheat | Fruit | Cracker and  Cream Cheese  Wheat,Milk |

Lunchtime (served with water)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Starter |  | Pitta Fingers with Raita Dip  Gluten,Milk |  |  | Garlic Bread  Gluten,Milk,Sesame |
| Main | Fish Fingers, Baked Beans and Chips  Fish,Gluten | BBQ Chicken with New Potatoes and Green Beans  Gluten,Mustard | Minced Beef Puff Pastry Pie with Mashed, Peas and Sweetcorn  Gluten,Soya,Celery | Rogan Josh with Rice  Gluten | Red Lentil & Vegetable Spaghetti Bolognese  Gluten |
| Pudding | Fruit Salad and Cream  Milk |  | Yoghurt  Milk | Cocoa Rice Pudding  Milk |  |
|  |  |  |  |  |  |

Teatime (served with water)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Starter | Hummus with Vegetable Sticks |  |  | Pea-camole with Vegetable Sticks |  |
| Main | Macaroni Cheese with Butternut Squash  Milk,Gluten | Turkey Sandwiches  Cheese Sandwiches with Carrot Sticks  Milk,Soya | Bagel and Cream Cheese with Apple Coleslaw  Gluten,Sesame,Milk,Egg | Ham and Cheese Toasties  Milk,Soya | Ploughman’s Tea  Milk, Gluten |
| Pudding |  | Lemon and Courgette Cake  Gluten,Egg | Fruit |  | Banana and Raisin |

Spring/Summer Menu Week 3

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Breakfast | Cereal and Milk  Wheat,Milk | Pancake and Fruit  Wheat,Egg,Milk | Cereal and Milk  Wheat,Milk | 50/50 Toast with Spread and Fruit  Wheat,Soya | Cereal and Milk  Wheat,Milk |
| Morning Snack | Fruit | Oat Cake and Cheese Sticks  Wheat,Milk | Teacake  Wheat,Soya,Egg | Vegetable Sticks | Fruit |
| Afternoon Snack | Rice Cake  Sesame,Milk,Soya | Vegetable Sticks | Fruit | Bread Stick and Cream Cheese  Wheat,Millk,Soya,Sesame | Vegetable Sticks |

Lunchtime (served with water)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Starter | Naan Bread with Mango Chutney  Gluten,Milk,Sesame |  | Hummus with Vegetable Sticks |  |  |
| Main | Turkey Keema Curry with Rice  Milk,Glueten | Tasty Mince Beef Pasta Baked  Gluten,Milk | Fish Pie with Peas and Sweetcorn  Fish,Milk,Gluten,  Mustard | African Sweet Potato Bean Stew  Gluten,Soya | Chicken Dinner, Roasted Potatoes, Seasonal Veg and Yorkshire Pudding  Gluten,Egg,Milk |
| Pudding |  | Chocolate and Raspberry Brownie  Gluten,Egg,Soya |  | Summer Fuit Crumble and Custard  Gluten,Milk | Peaches and  Ice Cream  Milk |
|  |  |  |  |  |  |

Teatime (served with water)

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Starter |  | Mixed Melon |  | Cheese and Tomato  Milk |  |
| Main | Jacket Potato with Baked Beans | Tuna Sandwiches  Cheese Sandwiches and Pepper sticks  Gluten,Soya,Milk,Fish | Cheese Quesadillas with Cherry Tomatoes  Gluten,Milk | Pizza Muffin with Cucumber Sticks  Gluten,Milk,Soya | Beanie Pinwheels Vegetable Sticks  Gluten |
| Pudding | Yoghurt  Milk |  | Mini Oaty Banana Muffin  Gluten,Egg |  | Fruit |